

Quality made in Germany. Since 1852.

**RUKU**

Sauna-Manufaktur

INFRARED HEAT CABIN

**INFRATHERM** *Kristall*



# For revitalisation after sport and a sense of wellness in your own home

In our RUKU **INFRATHERM KRISTALL** infrared heat cabin, you can enjoy a pleasant and gentle all-round heat bath whenever you want, in your own home. Thanks to the patented infrared surface heating in the cabin walls, the wooden surfaces emit long-wave infrared C thermal radiation. This leads to a pleasant sense of warmth deep into your body, without causing you to start sweating. The gentle warmth stimulates your blood supply, gets your metabolism going and relaxes your muscles and nerves – every occasion is a real favour to your whole body and a boost for your revitalisation, particularly after sport!



# INFRATHERM *Kristall*

An infrared KRISTALL cabin from RUKU provides a whole host of benefits – also in comparison with classic saunas.

- Long-wave infrared C thermal radiation with an even all-round effect
- Gentle on airways and mucous membranes, thanks to low temperatures
- Lengthy use possible
- Higher oxygen content than in conventional sauna cabins
- Boost to metabolism
- Less strain on circulation
- Flushes out toxins
- Deep cleansing of the skin
- Combats stress
- Relieves tense muscles and rheumatic complaints
- Ideal revitalisation for athletes
- Ideale Regeneration für Sportler

## Fits in optimally everywhere

The infrared **INFRATHERM KRISTALL** heat cabin's subtle design, select materials and compact dimensions make it a perfect choice for any home environment. You can set up this cabin equally well in your bathroom or in any other room in your home.

Long-wave infrared C thermal radiation  
with an all-round effect via a wooden surface



## Patented RUKU infrared wall surface heating system

The walls of the **RUKU INFRATHERM KRISTALL** are composed of heating, ventilation and electrical sections as well as RUKU Isoholz sections – all of them manufactured in-house and TÜV-tested. Our patented heating sections consist of earthed tubular heaters, a reflecting wall and two types of insulation. They radiate long-wave infrared C heat over a large area via the cabin walls.

# INFRATHERM *Kristall*

- Long-wave infrared C heat all around
- No selective, direct radiation
- No spotlights or pieces of Teflon
- Impossible to burn the skin
- Free from electrosmog

### Take advantage of our patented innovations

RUKU Infratherm is a very special infrared heat cabin fitted with highly efficient Isoholz insulation and an infrared surface heating system built into the wall – technology that you only get from us.

The wall heating causes the entire wooden surface to warm up rapidly without becoming unpleasantly hot. The heat is given off by the wood in the form of long-wave, mild infrared C thermal radiation like in a tiled oven – an exceedingly pleasant type of heat that reaches deep into the body and lasts for a long time.

The thermal imaging camera offers visible evidence of the benefits compared with a sauna: your entire body is warmed through more quickly and deeply, remaining warm even after the heat bath for longer than in a classic sauna.

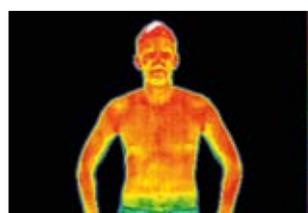
In a sauna



After 5 minutes

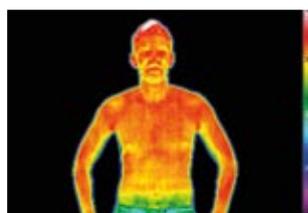


After 10 minutes

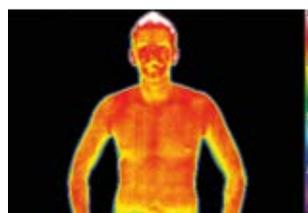


After 15 minutes

In the heat cabin



After 5 minutes



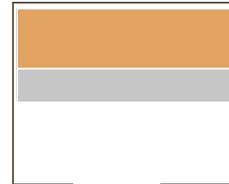
After 10 minutes



After 15 minutes

# All-round heat and perfect happiness: get RUKU Infratherm for your home.

The infrared **RUKU INFRATHERM KRISTALL** heat cabin is available in one size. Various fittings options are available on request. The entire cabin is manufactured in Germany in uncompromising RUKU quality and handcrafted perfection. We deliver and set up your cabin, putting it into operation. Thanks to our reliable service, you will also get long-term pleasure from your **RUKU INFRATHERM KRISTALL**.



## Infrared heat cabin

Height: 206 cm

Width: 158 cm

Depth: 108 cm

## INFRATHERM *Kristall*



## Sauna control unit

FCU 3000 design

Elegant operating panel

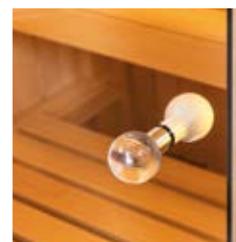
for the digital setting of

all functions

## Internal cladding

Solid pine boards

16 mm thick



## Door handle

Spherical handle made

from crystal glass on the

outside, handle made

from maple on the inside



## Door

Full glass doors of

8 mm single-pane safety

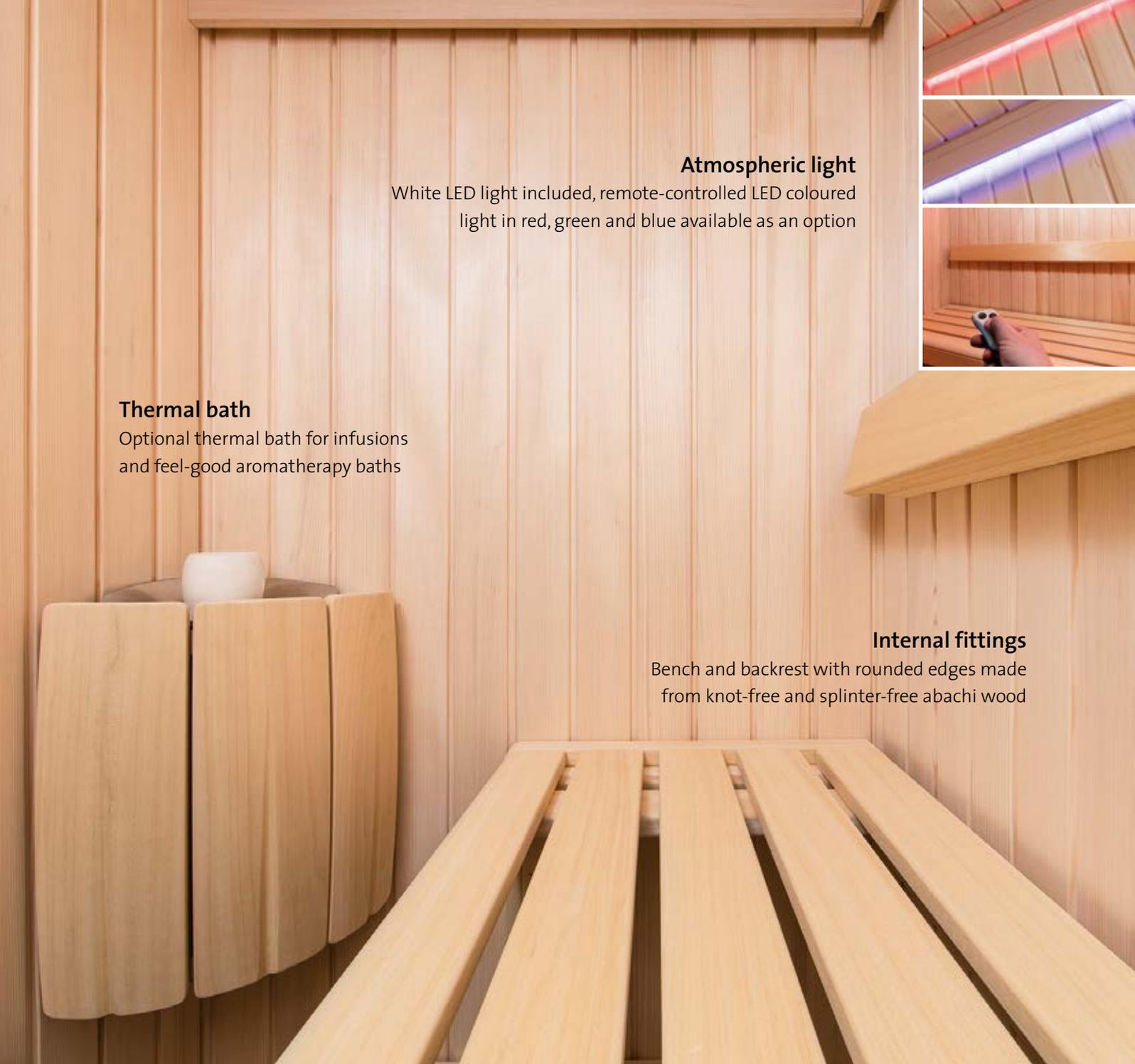
glass and stainless steel

hinges

## EXTERNAL CLADDING RUKU INFRATHERM KRISTALL

Smooth white surface with base and door surround  
made of hemlock pine





### Atmospheric light

White LED light included, remote-controlled LED coloured light in red, green and blue available as an option



### Thermal bath

Optional thermal bath for infusions and feel-good aromatherapy baths

### Internal fittings

Bench and backrest with rounded edges made from knot-free and splinter-free abachi wood



### Smart in every detail

For easy access and simple cleaning, the lower bench can be moved as required.

### Heat right down to the tips of your toes

As an option, we can fit the cabin with an insulated floor made of hemlock pine, with or without integrated underfloor heating.

**RUKU Sauna-Manufaktur GmbH & Co. KG**

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Further information about the RUKU sauna makers and a RUKU showroom in your area can be found via our internet site. You can experience our products for yourself there. Or just give us a call. We would be happy to advise you and will introduce you to a sauna consultant in your region.

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